



# Stages of Change...

with internationally recognized Dr. Carlo DiClemente, Ph.D.

CFPC 2nd Annual Substance Abuse Conference:

*Using Intervention Strategies as Mechanisms for Client Change*



## Keynote Speaker

### Dr. Carlo DiClemente, Ph.D.

Dr. DiClemente is the co-developer of the Transtheoretical Model of behavior change. For the past 25 years he has conducted funded research in health and addictive behaviors. He has directed an outpatient alcoholism treatment program, served as a consultant to private and public treatment and prevention programs, and has lectured nationally and internationally. This presentation will explain and explore the process of human intentional behavior change, outlining critical tasks identified in the *Stages of Change*, identifying important client coping *Processes and Markers* of change, and highlighting the role of *Context and Culture* on this journey.

## Event Details

Friday, October 1, 2010

8:00AM-4:30PM

Holiday Inn, Budd Lake

1000 International Dr., Mt. Olive, NJ

Room Reservation, Contact Jenna: 973-448-3910

[www.holidayinn.com/buddlakenj](http://www.holidayinn.com/buddlakenj)

**Cost:** \$55

- Continental breakfast
- Lunch
- Exhibitors
- Hotel rooms available at discounted rate (\$99)

## Pre-registration & Payment Required

Deadline: September 22, 2010

This conference has been submitted for (6) CADC, LCADC, LPC, CPS, MFT renewal credits along with Pharmacist CE credits.

Conference meets requirements of the NJ Department of Education for Professional Development Hours.

## Agenda

**8:00: Registration & Breakfast**

**8:30: Welcome**

**8:45: Raquel Mazon Jeffers**  
(Director, Division of Addiction Services,  
NJ State Department of Human Services)

**9:15: Dr. DiClemente**  
(Introduction to the Process of Change)

**10:15: Break**

**10:30: Dr. DiClemente**  
(Client Mechanisms and Processes of Change)

**Noon: Lunch**

**1:00: Dr. DiClemente**  
(How to Match Provider Strategies to Client  
Processes)

**2:30: Break**

**2:45: Dr. DiClemente**  
(Understanding Self-Regulation and the  
Challenge of Culture and Context)

**4:15: Closing**

## Partnering Agencies

Treatment Dynamics Inc., Lighthouse, Summit Oaks Hospital, Princeton House Behavioral Health



# Stages of Change...

*with internationally recognized* Dr. Carlo DiClemente, Ph.D.

CFPC 2nd Annual Substance Abuse Conference:

*Using Intervention Strategies as Mechanisms for Client Change*

## Registration Form

*Register via website or mail. Please make checks payable to CFPC.*

Name: \_\_\_\_\_

Agency/Company/School: \_\_\_\_\_

Address/Town/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Conference Registration Fee: \$55.00
- Payment Enclosed

*Registration & Payment Deadline: September 22, 2010*

**Mail to:**

**CFPC**

Attn: Laura Breiten  
61 Spring St, 3rd Floor  
Newton, NJ 07860

**Register Online:**

[www.centerforprevention.org](http://www.centerforprevention.org)

*Questions? Call 973-383-4787*