

## The Center for Prevention & Counseling



Call us so that we can  
answer your questions...

### Affordable, Confidential Care

- Day and evening appointments.
- Licensed by the New Jersey Division of Addiction Services to provide outpatient treatment.
- Funded services through Drug Court, Workforce Development, Substance Abuse Initiative (SAI), Driving Under the Influence Initiative (DUII) and County funding. Call for details regarding eligibility requirements.
- Treatment services provided to those who abuse substances and their families.
- Treatment services provided to those affected by mental health challenges.
- Care and concern offered to all.
- The desire, willingness, and skills necessary for recovery are nurtured.
- Clients are helped to repair relationships with family, community and society.



### *Our Mission...*

To promote hope, health and recovery among  
all people by fostering a community in which  
individuals and families thrive.

Center for Prevention & Counseling

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[www.centerforprevention.org](http://www.centerforprevention.org)

**Donate**

We gratefully accept donations!  
Credit cards are accepted and a  
donation form can be accessed at  
[www.centerforprevention.org](http://www.centerforprevention.org).

We TRULY appreciate your support!

*A 501(c)(3) non-profit agency  
Member of United Way of Sussex County  
NJ Prevention Network Member*

Updated 4/4/2011



## Counseling Services

Licensed by the

New Jersey Division of Addiction Services

License #200001-06



*"For over 30 years dedicated to building  
healthy communities...one person at a time."*

# COUNSELING SERVICES

A PROGRAM OF THE CENTER FOR PREVENTION & COUNSELING

## Our Counseling Mission

To offer nonbiased counseling services and support to assist clients in overcoming life's challenges and moving toward positive change.

## Our Philosophy

Our philosophy stems from the premise that every family and individual has strengths and capabilities that can be developed to help them sustain a drug free, healthy lifestyle. Everyone who comes through our door is treated with courtesy, consideration, respect, and with the recognition of every person's dignity, individuality, and the right to privacy.

## Hours of Operation

### **Individual Outpatient Counseling:**

Day and evening appointments available

### **Group Counseling:**

Day, evening and Saturday groups available

Clients referred by IDRC may be able to participate in group counseling in Vernon on Fridays, from 7PM-8:15PM. Please call the agency for details.

## Our Scope

CFPC's counseling services are tailored to meet the unique needs of each client presenting with substance abuse disorders, mental health concerns and co-occurring substance abuse and mental health disorders. Participants will attend individual and/or group counseling to assist them in working towards positive change. Treatment goals are identified by each client who works in partnership with their counselor to attain the desired outcome and successfully complete treatment.

## Counseling Services

- Child, Adolescent and Adult Substance Abuse & Mental Health Counseling
- Individual & Group Outpatient Counseling
- Family Counseling
- Early Intervention
- Parenting Skills Education
- Skill Building for Adolescents
- Anger Management
- Relapse Prevention
- Aftercare
- Substance Abuse & Mental Health Assessments
- Drug Screening

## Counseling Staff

Our clinical team is dedicated to ensuring best practices in the treatment of substance abuse, mental health and co-occurring disorders. All of our committed team members have been trained in a variety of interventions including Cognitive Behavioral Therapy, Motivational Enhancement Therapy, Motivational Interviewing, 12 Step Recovery, Family Systems Therapy and Trauma Focused Cognitive Behavioral Therapy. Our clinical staff is skilled at working with people presenting in various stages of change. We recognize the importance of collaborating with family members and other professionals involved in the lives of those with whom we work. This holistic approach improves a client's ability to create and maintain long term change.

Counseling staff includes professionals holding the following certificates and licenses:

CADC-Certified Alcohol and Drug Counselor  
NCAC-National Certified Alcohol Counselor  
LCADC-Licensed Clinical Alcohol and Drug Counselor

CCS-Certified Clinical Supervisor

CSW-Certified Social Worker

LSW-Licensed Social Worker

LCSW-Licensed Clinical Social Worker

LPC-Licensed Professional Counselor