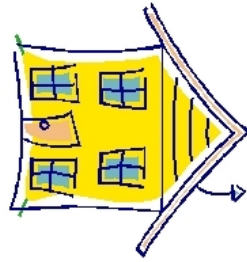


Free Program for the Entire Family

Family Night Out, (Strengthening Families) is a model program designed to build upon your family's unique set of skills. Groups are facilitated by parent and child educators who are dedicated to championing the physical, emotional, psychological and spiritual well-being of all family members.



This program is funded by the Department of Human Services, Division of Addiction Services.



The Center for Prevention and Counseling
61 Spring Street, 3rd Floor
Newton, NJ 07860



Family Night Out



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61 Spring Street, 3rd Floor
Newton, NJ 07860
973-383-4787
Email: info@centerforprevention.org
Website: www.centerforprevention.org

What is the Family Night Out Program?

A 14 week educational program for the entire family based on the award winning Strengthening Families Program.

The program provides:

- An educational group for parents;
- An educational group for children 6-12 years old. (held concurrently with parent group);
- An educational group for adolescents 12-17 years old;
- Child care for children under 6 years old;
- Pizza, prizes and fun!

Who Can Join?

Any family in Sussex County can join. Groups are located throughout Sussex County and are run at no cost to the participating families.

What will Participants Learn?



Families Will Learn To:

- Communicate more clearly, honestly and openly with one another;
- Develop listening skills to enhance family communication;
- Identify, express and accept each other's feelings;
- Understand the phases of normal child and adolescent growth and development;
- Understand the effects of alcohol and other drug abuse on family members;
- Enhance decision making and problem solving skills;
- Develop effective conflict resolution and disciplinary skills;
- Develop a sense of family responsibility, interdependence and cooperation;
- Have fun together!

Application/Information Request Form

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Yes, I'd like to learn more about the Family Night Out Program.

My family would like to become a Family Night Out Participant. The names and ages of my children are listed below.

Age: _____

Age: _____

Age: _____

Age: _____



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